

LUNCH

June 2018

Prince Edward County Middle
Summer Feeding

Choose at least 3 items:

For a complete meal, students should choose at least 3 of the following: meat/meat alternative, grain, vegetable, fruit, dairy. For the best meal choice, pick all 5! No matter what, at least one choice needs to be a vegetable or fruit.

Milk is offered at each lunch meal. Choice of Non-Fat Chocolate, Non-Fat Strawberry or 1% Milk

Breakfast is served 7:30-9:00 and Lunch is served 11:00-1:00. We are closed on Fridays

Carry-Outs are Not Available for Students

Menu is subject to change

Offer Every day:

Turkey and Cheese on a Roll

Pizza
Broccoli
Assorted Fruit Chooses

11

Chicken Patty Sandwich
French Fries
Assorted Fruit Chooses

12

Cheeseburger
French Fries
Baked Beans
Assorted Fruit Chooses

13

Nachos
Corn
Assorted Fruit Chooses

14

No Meals

15

Oven Fried Chicken
BBQ Chicken
Macaroni and Cheese
Green Beans
Assorted Fruit Chooses

18

Pizza
Corn
Assorted Fruit Chooses

19

Chicken Tenders
Carrots
Assorted Fruit Chooses

20

Foot Long Hot Dog on Bun
French Fries
Baked Beans
Assorted Fruit Chooses

21

No Meals

22

Cheeseburger
French Fries
Baked Beans
Assorted Fruit Chooses

25

Chicken Teriyaki
Broccoli
Assorted Fruit Chooses

26

Pizza
Carrots
Assorted Fruit Chooses

27

Chicken Patty Sandwich
Green Beans
Assorted Fruit Chooses

28

No Meals

29

Breakfast Daily: Choice One
Cereal
Breakfast Sandwich
Yogurt Parfaits with Granola
Donuts

Fruit or Fruit Juice:
Choice Up to Two
Milk: Choice One
Fat Free Chocolate or 1% Milk

This institution is an equal opportunity provider and employer.