

Daily Learning Planner

*Ideas parents can use to help children
prepare for school*

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Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- 1. Allow your child to use a tool, such as tweezers, with supervision.
- 2. Find a book that describes holidays around the world. Choose a new holiday to observe with your family, or invent one.
- 3. Make a "touch box." Put items such as cotton balls, rocks and small toys into it. Can your child guess what she's touching without looking?
- 4. Have a jump rope contest today. See how many jumps your child can do in a row.
- 5. Start a nature log. Have your child draw a picture of the same outdoor feature, such as a tree, every few months.
- 6. With your child, decorate a box and cut an opening in the top. Place notes for your child in it. Let him "mail" letters or drawings to you.
- 7. Tell your child a story about when she was a baby.
- 8. Look through a picture book together. Have your child pick out favorite images.
- 9. Challenge your child to draw blindfolded.
- 10. Collect canned goods for a shelter or food bank. Take your child with you as you deliver them.
- 11. Help your child learn his age and birthday.
- 12. Stretch a rope on the ground. Show your child how to jump over it from side to side.
- 13. Let your child decorate each finger of an old pair of gloves. Help her put on a finger puppet show.
- 14. Place a flat object, such as a penny, on a piece of paper. Have your child paint over it, then remove the object to see the design.
- 15. Look at a school bus. Ask your child, "How is it different from a car?"
- 16. Plan a No TV Night. Read or play games instead.
- 17. Find a new word in the dictionary. Talk about what it means with your child. Use it in sentences today.
- 18. Play three different types of music today. Together, make up movements for each one.
- 19. Tonight, talk about things that made you and your child happy today.
- 20. When serving food, talk with your child about how you divide it. "There are two of us and one apple. We'll cut it into halves."
- 21. Have your child draw a picture. Ask him to make up a story about it and tell it to you.
- 22. Make a list of all the things that make your family members thankful.
- 23. Let your child help you bake and decorate cookies.
- 24. Talk about shapes you can see while riding in the car, such as different road signs.
- 25. When your child tries to do something, praise her effort.
- 26. Fill glasses with different amounts of water. Have your child tap them gently with a metal spoon and listen to the different tones.
- 27. Ask your child to build a city using blocks or boxes.
- 28. Glue a photo of a family member on a page. Have your child decorate around it with drawings.
- 29. Give your child some books to arrange according to size.
- 30. Write a number and have your child mold the shape of the number with clay or play dough.

Helping Children Learn
Tips Families Can Use to Help Children Do Better in School

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